

**29TH ANNUAL
PATRIOT CROSS COUNTRY INVITATIONAL
CUYAHOGA COMMUNITY COLLEGE WEST
SATURDAY SEPTEMBER 24, 2016
COACHES' NOTES**

**HAVE RUNNERS PIN ASSIGNED RACE NUMBER
ON FRONT OF RACE SINGLET**

RACE SCHEDULE

**10:00 AM MEN'S VARSITY RACE (7 RUNNERS, NEED 5)
10:30 AM LADIES' VARSITY RACE (7 RUNNERS, NEED 5)
11:10 AM MEN'S OPEN RACE (ALL TEAMS)
11:45 AM LADIES' OPEN RACE (ALL TEAMS)
12:15 MIDSCHOOL BOYS 12:35 MID SCHOOL GIRLS**

PLEASE RUN FULL (5) RUNNER TEAM IN VARSITY RACE

MEN'S VARSITY

**1. HOLY NAME
2. MADISON
3. ST. EDWARD
4. VALLEY FORGE
5. BUCHTEL
6. BOARDMAN
7. NORMANDY
8. SHAW
9. OLMSTED FALLS
10. GARFIELD HTS
11. PARMA
12. MAPLE HTS**

LADIES' VARSITY

**1.
2. BUCHTEL
3. SHAW
4.
5. NORMANDY
6. VALLEY FORGE
7. MADISON
8. PARMA
9. GARFIELD HTS
10. HOLY NAME
11.
12.**

MIDDLE SCHOOL BOYS

**4 GREENBRIAR
5 SHILOH
6 HILLSIDE**

MIDDLE SCHOOL GIRLS

**4 HILLSIDE
5 GREENBRIAR
6 SHILOH**

1. RIBBONS & MEDALS GIVEN AT END OF CHUTE
2. TEAM AWARDS PRESENTED AT THE CONCLUSION OF THE RACE

- 1. THANKS TO CCC WEST FOR HELPING US HOLD OUR MEET
FOR THE 29th YEAR**
- 2. NO CAMPS OR HANG-OUTS IN BUILDING
(THERE ARE CLASSES ON SATURDAY)**
- 3. PLEASE REMIND RUNNERS THAT BATHROOMS ARE IN
TRIC CLOSE TO ENTRANCE DOORS TO THE NORTH OR
SOUTH OF THE POND WALKWAY**
- 4. NO SPIKES IN BUILDINGPLEASE!!!**
- 5. TRY TO CLEAN UP CAMP AREA AFTER MEET**